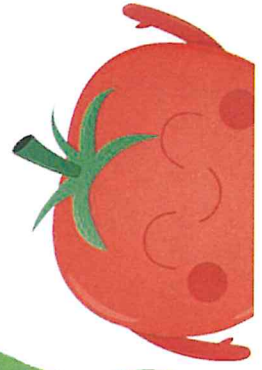




## Lunch & Dessert Menu WEEK 3



### Monday

Lunch  
Traditional Spanish fish paella  
or  
Spanish spiced  
cannellini paella

Dessert  
A selection of yoghurt sticks

### Tuesday

Lunch  
Indian chickpea curry  
sw/ wholemeal chapati

Dessert  
Raspberry jelly

### Wednesday

Lunch  
Lightly seasoned chicken in gravy sw/ potato, carrot  
& garden peas  
or  
Vegetable fingers sw/ gravy, potato, carrot  
& garden peas

Dessert  
Very berry mess w/ crushed meringue

### Thursday

Lunch  
Tuna tomato pasta  
w/ broccoli, sweetcorn & garden peas  
or  
Bean, tomato & mushroom pasta  
w/ broccoli, sweetcorn & garden peas

Dessert  
Pineapple & coconut sponge cake

### Friday

Lunch  
Beef bolognese  
or  
Vegan bolognese  
Both sw/ baked jacket potato

Dessert  
Orange smiles

